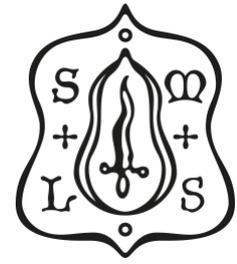


St Mary le Strand

Prayer During the Day

For Holy Week, 2022



Preparation

O God, make speed to save us.

All O Lord, make haste to help us.

My trust is in you, O Lord.

All I have said, 'You are my God.'

Psalm 31.14

Praise

We adore you, O Christ, and we bless you,
because by your holy cross you have redeemed the world.

Holy God,
holy and strong,
holy and immortal,
have mercy upon us.

We glory in your cross, O Lord,
and praise and glorify your holy resurrection:
for by virtue of the cross
joy has come to the whole world.

from the Liturgy of Good Friday

The Word of God

Psalmody Psalm 43

- 1 Give judgement for me, O God,
and defend my cause against an ungodly people; ♦
deliver me from the deceitful and the wicked.
- 2 For you are the God of my refuge;
why have you cast me from you, ♦
and why go I so heavily, while the enemy oppresses me?
- 3 O send out your light and your truth, that they may lead me, ♦
and bring me to your holy hill and to your dwelling,

- 4 That I may go to the altar of God,
to the God of my joy and gladness; ♦
and on the lyre I will give thanks to you, O God my God.
- 5 *Why are you so full of heaviness, O my soul, ♦
and why are you so disquieted within me?*
- 6 *O put your trust in God; ♦
for I will yet give him thanks,
who is the help of my countenance, and my God.*

All **Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.**

Short readings

One of the scribes came near and heard them disputing with one another, and seeing that he answered them well, he asked him, ‘Which commandment is the first of all?’ Jesus answered, ‘The first is, “Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.” The second is this, “You shall love your neighbour as yourself.” There is no other commandment greater than these.’ Then the scribe said to him, ‘You are right, Teacher; you have truly said that “he is one, and besides him there is no other”; and “to love him with all the heart, and with all the understanding, and with all the strength”, and “to love one’s neighbour as oneself”,—this is much more important than all whole burnt-offerings and sacrifices.’ When Jesus saw that he answered wisely, he said to him, ‘You are not far from the kingdom of God.’ After that no one dared to ask him any question.

Mark 12.28-34

Response

Blessed are those who are persecuted for righteousness’ sake,
All **for theirs is the kingdom of heaven.**

Matthew 5.10

Story from the 'Women of Holy Week'

Prayers

Let us come to him who died that we might live
and who intercedes for ever before the Father, saying:
we praise you, Lamb of God.

Lord Jesus, you embraced the cross
that we might learn to give our lives for the sake of love:

All we praise you, Lamb of God.

Innocent captive,
you submitted to the judgement of sinners:

All we praise you, Lamb of God.

In the hour of death you heard the penitent thief
and opened to him the door of paradise:

All we praise you, Lamb of God.

Most merciful Saviour,
you have known the pain of abandonment:

All we praise you, Lamb of God.

Lord, you loved the Church
and gave up your own self for her:

All we praise you, Lamb of God.

Through your blood
you have brought to all people the crown of life:

All we praise you, Lamb of God.

Soul of Christ, sanctify me,
body of Christ, save me,
blood of Christ, inebriate me,
water from the side of Christ, wash me.

Passion of Christ, strengthen me.

O good Jesus, hear me:

hide me within your wounds
and never let me be separated from you.

From the wicked enemy defend me,
in the hour of my death, call me
and bid me come to you,

so that with your saints I may praise you
for ever and ever.

All Amen.

Anima Christi (14th century)

The Lord's Prayer is said

Standing at the foot of the cross,
let us pray with confidence as our Saviour has taught us
each praying in our own language

All **Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come; thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

The Conclusion

May Christ our Saviour give us peace.

All **Amen.**